

**SECTION 28. CONCUSSION POLICY:** Any student-athlete who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from the contest and **shall not return that day**. Following the day the concussion symptoms occur, the student-athlete may return to practice or play **only after a medical release** has been issued by a medical doctor.

Any health care professional or AHSAA certified coach may identify concussive signs, symptoms or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a medical doctor can clear the athlete to return to play. Any school in violation of the AHSAA policy application of National Federation rule will be subject to sanctions.

An online NFHS Concussion Course is required for all certified coaches (faculty and non-faculty). The free educational course will aid in identifying symptoms of a concussion and the procedure to follow when these symptoms are recognized. The course is available at [www.nfhs.org](http://www.nfhs.org).

A Concussion Information Form signed by each student and his/her parent must be kept on file in the principal's office where the student is enrolled. (The form will satisfy the requirement for one school year.)

(NFHS Suggested Guidelines for Management of a Concussion are found in the Appendix in the back of each NFHS Rules Book).